



Paul McCarthy
Workshop Leader

Sirius 
Ascension
www.siriusascension.com

New Age - Channeling - Ascension - Star Seed - Healing Workshops

Paul McCarthy is a leading channel for the Ascended Masters, Star and Celestial beings. The workshops contain personal insights from Paul's own experiences as well as information channeled within the hundreds of readings that he has given. He is also an International workshop leader having given over 160 workshops in the US and Europe over the last 8 years. Paul has trained and worked with Dr. Joshua Stone and the I AM University before setting up the Inter Planetary Star Seed School. He has trained 1000's of spiritual seekers worldwide within his courses and workshops.

Workshops

Paul gives powerful, profound and illuminating workshops for Light Workers, Star Seeds and Ascension Seekers. Working with Ascended Masters, Celestial and Star energies Paul facilitates high level, topical and unique workshops. This series of 18 successful workshops have been presented worldwide. This is the material and language of higher consciousness, the higher Dimensions and Ascension. Workshops include live channeling, personal readings,

presentations, energetic attunements, working with attuned crystals and productive meditations.

Style of workshops

Paul teaches in such a way that participants are encouraged to have their own personal experiences and relationship to the subject matters. This encourages a fuller understanding and it is empowering. There is an emphasis on connecting to the highest levels of spiritual energies which brings about accelerated growth, learning and healing. Although the content of the workshops is ambitious, Paul avoids unnecessary use of spiritual jargon and seeks to make complex subjects accessible through simple explanations and especially via demonstrations. As such newcomers to these subjects are always welcome. A unique feature of the workshops is that Paul often gives personal and relevant channeled information to the participants. This can be very productive and fascinating. High level energetic activations and attunements are also a feature and for many these are the highlight of the workshop.

"For the past three years I have been organising Paul's workshops in Vienna and from the very beginning they were a great success. There had been over 30 workshops and each of them was special. He has opened us up to the world of the star masters and supported us on our path of ascension. Paul taught us how to understand ourselves and helped us to realise what a great potential exists within each of us. I am very grateful to have met Paul and to gain a wonderful teacher." Agnes Hohenbalken - Vienna

guidedbythelight@hotmail.com

Do you want to see Paul's workshops where you live?



Paul is happy to consider bringing my workshops to new cities and countries. In order to work overseas in different countries, help is needed with organisation. If Paul is not currently working in your country it may be that he has not yet found a Workshop Organiser where you are. Workshop Organisers help Paul to advertise his events where they live, find venues, attract the right type of participants and provide translators where necessary. Paul cannot do these things himself in countries outside the UK. If you want Paul to offer workshops where you live then you might be able to find a suitable Workshop Organiser to make this happen and then send Paul an email.

guidedbythelight@hotmail.com

Paul is especially interested in setting up new workshops in Germany, USA, Canada, Belgium, Norway, Sweden & France.

Are you a potential Workshops Organiser?

- * If you are interested in the subjects that I teach
- * If you want to see my workshops in your area
- * If you want to attend my workshops for free
- * If you have a lot of contact with other new age people and are able to market my workshops to them
 - * If you are an organised person....

...then you would possibly make a good organiser.

Please send Paul an email if you are interested.

guidedbythelight@hotmail.com

Sirius 
Ascension
www.siriusascension.com

**CHANNELED
READINGS**
www.channeled-readings.com

List of Paul's Workshops

Spiritual / New Age Workshops

Life between lives workshop

This is a workshop to connect to the realities of what we experience in-between lives. We explore where we go, our soul families, healing, our interactions with guides, life missions and how we choose additional incarnations. Paul will channel some information for each participant on these subjects. There will be meditations in which we connect to these realities. This is a good workshop for those who are interested in why they are here, life missions and past lives.

Past Lives workshop

In this workshop we explore the past lives of participants through channeling where Paul will channel for each participant. We are looking to find out how these past lives are connected to the present one, what gifts they have for us and to obtain insights into the current series of lifetimes we are in now. In this workshop we seek to learn about positive and interesting connections as well as to heal any areas of past lives that come up for healing. The amount of past lives that can be channeled depends on how many participants come to the workshops and how much time we spend on looking at each past life.

Laws of Manifestation, Attraction and Resonance Workshop

Problems with manifesting or creating the life you want?

This is a workshop where we explore in detail the "Laws" of Manifestation, Attraction, Resonance well as creative

energies. The deeper knowledge of these "Laws" leads us to understand why they are a Science, an Art and a way of being. All of us are exploring these realities whether we are aware of it or not and yet so few of us can work with them or indeed even understand them. In the workshop we will look at the differences between these "Laws", how they work in the best ways and identify what blocks we have which cause us problems in these areas. There will be meditations and we will also look at which chakra is used in manifestation and how we can heal it.

Spiritual Activations Workshop

Activations, Attunements Initiations - In this workshop we explore and experience some of the different types of spiritual activations. These include personal activations, group activations and activations with humans, guides, crystals and through music. We explore why and when activations happen, what we can do to encourage and amplify the experience of activations and the characteristics of activations. Paul will also channel the ascended masters and star masters on these subjects for the group. If you like high level spiritual energies and seek freedom, ascension and spiritual growth then this is a workshop for you.

Life Missions and Service Work Workshop

There will be a fresh and expanded look at 23 main Star Seed Life Missions. This is to help Star Seeds to identify their own skills, interests and roles in this lifetime. Paul will channel information to each participant about their spiritual essence* or their life missions or their service work opportunities.

Exploring higher consciousness No1 Workshop

This is a workshop to experience higher consciousness as a reality. We will work with spiritual energies, expanded consciousness within meditations and intellectually to build models of understanding. We explore the Soul, telepathy, empathy, group consciousness, Alpha and theta brain wave states.

Spiritual Leadership & Service Work Manifestation Workshop

This is a workshop to explore the qualities of true spiritual leadership with the Ascended Masters Sananda and Joshua Stone. In addition it looks at how it is possible to co-create opportunities for us to help others in profound ways using our own gifts and as part of our unique life missions. There will be live channeling with Paul, presentations and the opportunity to create your own leadership and manifestation programme.

Healing Workshops

Attuned Healing Crystals workshop

This is a workshop in which Paul will demonstrate the use of the crystals as well as to explore the subject of successful healing. He will offer:

- *2 free personal attuned crystals for each participant to help with any personal illness
- *Offer a one to one healing session with intuitive feedback
- *Offer the opportunity for you to work with the different attuned crystals and explore the holistic causes for these illnesses *
- *Offer the opportunity to purchase additional pre-attuned healing crystals for specific illnesses

How to reach your potential as a Healer Workshop

Many healers fail to fulfil their potential as a healer and this workshop is dedicated to bringing out the best of the abilities that you already have. Paul will channel feedback on your potential and your natural abilities as a healer. Paul will give presentations on the mistakes healers make that hold them back from their full potential. Paul will present the information on the great healer traditions of the spiritual families that many of you have been a part of such as the Mary Magdalene / Isis family, Jesus / Mary family and the Thoth/ Merlin family. This is to study their different approaches to healing and to see if you carry their training and missions. Everyone welcome, even inexperienced healers.

Channeling Workshop

Channeling Workshop

This workshop will give help and guidance to all those interested in channeling at whatever level you are now. The workshop will show you how to channel / work more effectively with your Guides and The Ascended Masters / Angels / Star Masters. You may use the workshop to help you to become a better channel or to help with other therapies that involve working with energy such as healing and Reiki. Intuition is a skill used by spiritually based counsellors and writers. Intuition can also be developed along with all the other inner senses. Alternatively you may just want to have a closer personal relationship with your guides and the angels and directly receive their love and guidance ! The workshop will provide information, exercises to practice and personal feedback from the masters on your progress! You will have the opportunity to channel yourself

in a small team if you wish to. There will also be attunements available in order to help you energetically achieve the highest levels of channeling / attunement that you can. The workshop will cover

Preparation for channeling, Attunement, Protection, Grounding, Intention, Which Guides to Channel, Sensitivity Training, Inner Senses Development, Channeling Exercises, Energetic Purification, Consciousness Expansion and Refinement, How to give channeled Readings for yourself & others, How to achieve clear channeling, Right Brain activation and balancing, Alternative brain wave states, Managing sensitivity, Channeling from the heart centre & Specific techniques for channeling the Star Masters and group energies.

Advanced Channeling Workshop

This is a one day workshop for those who have attended previous channeling workshops with Paul. The aim is to go deeper with channeling and to "fine tune" the channeling skills. Paul will give feedback to participants on their channeling and help with any problems. An assessment is available where Paul will assess the quality of channeling and suggest any improvements that can be made. For those interested in giving channeled readings to other people, there will be information and guidance on this subject.

Star Seed workshops

Aspects of the Future for Star Seeds - Workshop with Paul McCarthy

The Essassani – the future inspiration for humanity. Who are they? What are their qualities? What are hybrids?

The Galactic Core

What is this and why is it so important? How can we interact with it?

Orion Light

What is this healing and transformational state and energy? Why is it so powerful? Is this connected to humanity and what is Humanity's Light?

Future leanings

What are the more evolved ways for humans and star seeds to learn and grow?

Future Missions Recruitment

Star Masters and Star Guides Workshop

There is currently a movement by the Star Masters to make deeper connections with the Star Seeds on earth. They wish to come closer to us so that we can understand them better and so that we can receive their help more now than ever before. This is taking place at a time when the boundaries of the sub conscious mind are becoming weaker and we are remembering more about the extraterrestrial connections in our dreams and in our waking life. This workshop is designed to help you to remember the connections that you personally have with your own star guides that you may have forgotten about and how you may have already interacted with them. I will channel information for each participant in these areas. In addition there are presentations on some of the most important Star Masters so that we can learn what they are like and how we can

receive their unique gifts. This includes, **Lord Sirius, Lady Sirius, Lord Arcturus, Lady Arcturus, Lord Ashtar** (the being and not the organisation) & **The White Lion Masters of Orion.**

Healing with the Star Masters

This is a 2 day workshop to learn how we can all access the profound healing energies of the Stars, the evolved extraterrestrial beings (Star Masters) and light ships. These energies are truly off the scale and so provide a truly amazing addition to those who give healing to self or to others. Each Star offers a different focus on healing and we will learn "who does what" and which group to go to for specific requirements. The weekend is a chance to experience giving and receiving the Star healing energies which include those from: Sirius, Pleiades, Andromeda, Ashtar, Vega, Arcturus, Cygnus, Aldebaran, Rigel and Betelgeuse (Orion). These techniques and connections can be used by you after the workshops for yourself or for your clients. Alternatively you may simply enjoy the opportunity to receive 10 powerful healing sessions in a weekend.

Star Seed 1 & 2

I will give presentations, share personal experiences, give live channeling and attunements as well as facilitate group meditations to open us up to the worlds of our extraterrestrial connections and the assistance they offer to us for our spiritual growth and ascension. There will also be presentations on: what are starseeds? Life Missions, The roles of different ET groups & a focus on Sirius and Pleiades. In addition there will be plenty of the popular starseed activities including:

- *Working with the Star Attuned Crystals linked to Sirius, Andromeda, Pleiades, Arcturus and Ashtar
- *Meditations to meet your own Star Guide, ET self and to

visit the Sirian and Arcturian Star gates

- *Channeling the extraterrestrial masters with Paul
 - *Live Sirian and Andromeda attunements
 - *Channeled music
 - *Mini personal readings are designed to obtain information on: What are Starseeds? Are you a Starseed yourself? How can the Star Masters help us personally with our lives? What are your starseed missions and gifts in this lifetime? Where is your "home" ?
- New and experienced starseeds are most welcome to join the workshop!*

Light Ships! Star Ships!

This is an advanced workshop to REALLY learn about the amazing realities of Light Ships and Light Cities! This is the most popular activity for Star Seeds in my workshops and so I have created a workshop dedicated to this. We can visit them and receive so much more than ever before. They are waiting for us. Not only is this so enjoyable but it is so productive and life changing. We can experience and learn how to ... How to work with etheric crystals, receive help with sleep, clear our energy fields in deeper ways, receive help with understanding our star lineage, Request new and specific downloads, Visit new Light Ships from Orion and Andromeda!, Understand the differences between the Ashtar and Arcturian Light Ships, Receive all the advanced Galactic Healing facilities!

The Star Seed Energy Management System (SSEMS no 1)

is an advanced personal energy management system using combinations of Star Attuned crystals and Galactic Master Crystals. This is possibly the most amazing energy system on earth just now, although it originates from Sirius and various Light Ships. The sets are programmed to work with individuals offering personal energetic assistance. They can also be used to work with your clients as a therapy.

There are also Portal Systems which create specific portals for your use. Full training is provided in the workshop to demonstrate how to work with each of the 6 sets of star attuned crystals and the Galactic Master Crystals. This is provided in a 1 day workshop where participants also experience the healing and energetic powers of the Crystals. Participants coming to the training workshop will automatically receive the 6 sets of attuned star crystals and 3 attractive acrylic display boxes in which to keep them. The cost of this is included in the price of the workshop.

The Merlins of Orion Workshop with Paul McCarthy

Never presented before information and energies from Alnilam/Orion/ Merlins.

Orion represents one of the most important and mysterious connections to Earth Star seeds. The histories of Earth and Orion are connected and many star seeds have lived in Orion. However there is not much reliable or useful information available to curious Star seeds. Now is the time to remember Orion and the true realities are emerging at last. This is a workshop where we explore the different themes and gifts of Orion as revealed to Paul in recent months. An introduction to some of the individual Guides and Masters of Orion including the Merlins. A look at the history and function of the Merlins of Orion. To understand the Orion approach to teaching, personal mastery and ascension. To receive a deep understanding of the nature of duality and how Orion beings master the experience of duality that exists in Orion as well as on Earth. A look at the importance of ceremonies, "spells" and the will power. An introduction to "Magic" as experienced by the Merlins of Orion in theory and in terms of a personal experiences of Magic as a reality and in the form of energy and consciousness

We will practice some of the powerful techniques for personal mastery of self as used by the Merlins of Orion.